



## TOUR ITINERARY

Latin America / Uruguay

# Uruguay Bike Tour

South America's Golden Riviera

RIDING  
LEVEL

2

## TOUR HIGHLIGHTS

- Spend the afternoon tasting wines at Uruguay's best bodegas—plus a wine-paired *asado* lunch at our friend's boutique winery
- Visit the capital city of Montevideo to explore its markets and music scene
- Take a tango lesson surrounded by the outdoor artworks at Fundación Pablo Atchugarry Sculpture Park
- Bike to a private cooking class in the protected natural reserve of Laguna Garzón



## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Buenos Aires, Argentina
- 📍 **Pick-Up Location:**  
Colonia del Sacramento at the Buquebus Ferry Terminal
- 🕒 **Pick-Up Time:**  
10:00 am

### Departure Details

- ✈ **Airport City:**  
Punta del Este, Uruguay
- 📍 **Drop-Off Location:**  
Punta del Este Airport
- 🕒 **Drop-Off Time:**  
12:00 pm

### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).

### Travelers Take Note

To show you all our favorite parts of Uruguay, this tour includes transfers on multiple occasions. We like to think of it as an opportunity to see more of the country en route to your next ride.



# TOUR ITINERARY

## Tour By Day

DAY  
1

### Welcome to Uruguay!

Your guides will greet you in Colonia de Sacramento following a ferry transfer from Buenos Aires, then it's off to the Historic Quarter. Meet our local historian who leads us through the narrow cobblestoned streets and recounts how this World Heritage Site kept changing hands from crown to crown. We'll make our way towards the Portón de Campo to enjoy a light lunch by the city's gate and drawbridge before our first ride towards Anchorena Park. Take in panoramic views of the broad Uruguayan countryside and pedal along quiet country roads. This afternoon, transfer by van to the hotel and spend the rest of your day relaxing by the pool or exploring the beautiful grounds. Dinner is served at the hotel's restaurant as the brilliant sun sets over the Río de la Plata.

**Meals:** Lunch / Dinner

**Destinations:** Colonia del Sacramento, Carmelo

**Accomplished:** 20 miles / 31 km

**Accommodation:** [Carmelo Resort & Spa](#)

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DAY  
2

### Vineyards of Uruguay to Playa Cere

Today's ride takes us through the quaint settlement of Punta Gorda and on to Narbona Wine Cellar, a favorite stop for tasting unique reds. Pedal on to Bodega Cordano, one of the oldest vineyards in Uruguay. We're treated to a selection of their varietals and a tour of the property before we continue towards our friend Bernardo's boutique winery, El Legado, for lunch. Sample the flavors of a typical Uruguayan *asado*, including various meats and savory dishes, then take off through the streets of Carmelo to Playa Sere. We'll loop back to our hotel via an easy tree-lined road and rest up for an elegant evening. Tonight, transfer to Puerto Camacho for a private cruise on the Río de la Plata, sip sunset cocktails as we sail towards Punta Gorda, and dock at a secluded marina to enjoy an intimate dinner.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Carmelo, Punta Gorda

**Accomplished:** 30 miles / 45 km

**Accommodation:** [Carmelo Resort & Spa](#)

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## TOUR ITINERARY

DAY  
3

### Rio Plata to the Gold Coast

This morning our transfer brings us to the capital city of Montevideo. We'll make our way through the historic Ciudad Vieja, the oldest part of the city, arriving at the vibrant Mercado del Puerto. Stop for a typical *parrilla* lunch at this waterfront market while taking in the energy, sights, and smells. After lunch, we set our sights on the Barrio Sur, a neighborhood known for hosting Carnival. Meet Lobo Nuñez, a renowned Afro-Uruguayan drum luthier and legendary percussionist within the Uruguayan Candombe music scene. Inspired by his rhythm, we visit the Museo del Carnaval and try our hand at a percussion workshop. After feeling the beat, hop back on the bike for a coastline ride along La Rambla, an avenue that separates Montevideo from the shores of the Atlantic. The evening is yours to explore Montevideo on your own, or simply stay at the hotel and dine at the French-inspired restaurant.

**Meals:** Breakfast / Lunch

**Destinations:** Montevideo

**Accomplished:** 12 miles / 18 km

**Accommodation:** [Sofitel Montevideo](#)

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DAY  
4

### Punta del Este and Atchugarry Sculpture Park

Our day starts with a drive to the amazing Casapueblo museum, a bright-white, honeycomb-shaped structure perched on a cliff over the Atlantic. The museum is the starting point for our ride through Punta del Este, which leads us by small seaside villages and arrives to the Fundación Pablo Atchugarry Sculpture Park. Your guides will prepare a picnic lunch beneath the trees and in the midst of the outdoor sculptures and art installations. We exchange one art form for another at this afternoon's tango lesson—grab your partner and learn the basics of Uruguay's most popular, passionate dance. Keep your body moving back on the bike as we cycle along the shimmering shoreline past unspoiled beaches, colorful *chacras maritimas* beach shacks, and the raw landscape of the *campo*. Enjoy a well-deserved beachside cocktail before venturing into the coastal plains to our next hotel. Tonight we dine beneath the stars at the *estancia's* own restaurant.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** José Ignacio, Manantiales, Punta del Este

**Accomplished:** 34 miles / 51 km

**Accommodation:** [Playa Vik](#)

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DAY  
5

### Uruguayan Frontier and Laguna Garzón

Get ready to be awed by the protected area of Laguna Garzón, where the departments of Maldonado and Rocha converge. We will ride between the ocean and the west arm of the lagoon to reach to a natural reserve and discover a secluded spot within the forest. For lunch, try your hand at cooking regional dishes the traditional way: with fire! The afternoon's golden hour will find us riding along the coast with the crashing waves of the Atlantic at our side. Return to the hotel for some downtime before we reconvene for a seaside meal to remember at La Huella.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** José Ignacio

**Accomplished:** 27 miles / 40 km

**Accommodation:** [Playa Vik](#)

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DAY  
6

### Ride to Garzón: Little Uruguayan Tuscany

On our final ride, we bike to Agroland's Colinas de Garzón, an amazing olive oil mill in the thick of olive groves and vineyards. After a tour of the property, sit down to an indulgent wine and olive oil tasting. More glasses of red are waiting for us at another local winery, where we enjoy a delicious lunch overlooking a spectacular landscape of vineyards and rolling hills. Return to your bike and ride local trails known only to the villagers of Garzón, founded in 1892 by Fermin de León. We will visit the main square and old train station of this charming town where time seems to have stopped centuries ago. Transfer back to the hotel and gather for a special farewell dinner at Estancia Vik.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** José Ignacio, Garzón

**Accomplished:** 28 miles / 42 km

**Accommodation:** [Playa Vik](#)

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## TOUR ITINERARY

DAY  
7

### Adios to Uruguay

After breakfast on the terrace, wake up with a morning dip in the pool, play a game of tennis, or pay a final visit to the lagoon. Your guides will then transfer you to the Punta del Este Airport as you head on to your next destination.

**Meals:** Breakfast

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## YOUR TOUR DETAILS

### Preparing for Your Tour

#### Travel Services

If you're not already working with a travel agent, DuVine can assist with the following reservations for up to three days before and after your tour. A fee of \$75 per traveler will be applied.

- Pre and post-trip hotels in major cities, in addition to the first and last on-tour hotels
- Train travel
- Private transfers

#### Travel Protection

DuVine offers a **Travel Protection Plan** to help protect your travel investment, your belongings, and most importantly, you. The offered Travel Protection Plan is non-refundable, but it is strongly recommended in the unfortunate event that you have to cancel or leave your trip.

NOTE: Plan benefits, limits, and provisions may vary by state or jurisdiction. In order to receive full benefits, Travel Protection must be purchased within 21 days of initial tour deposit. This plan is available to citizens of the U.S. and Canada only.

#### Gratuity

Gratuities for DuVine guides are very much appreciated to thank them for exceptional service, support, and expertise. The industry standard is for each individual guest to tip 10-15% (U.S. tours) or 7.5-10% (all other tours) of their trip price at the end of the tour. Unless you want to tip separately, guides will divide tips among themselves. Guides graciously accept gratuities either in local currency or via **PayPal**. We recommend that you plan ahead by bringing extra cash or visiting the ATM at the beginning of your trip, since ATMs are not always available near the last hotel of the tour.



### Share Your Experience

- f [fb.com/duvine](https://www.facebook.com/duvine)
- @duvine
- @duvine
- #DuVine #DuVineStyle



**DUVINE**  
- VILLAGES - ADVENTURE -

## YOUR TOUR DETAILS

### Bikes

DuVine's top-of-the-line bikes are tuned to perfection and fit specifically to you. Our performance bikes from premier manufacturers feature light frames, smooth-rolling tires, comfortable seats, and wide gear ranges for the best ride possible. Please see our website for the exact bike models offered on tour. Additionally, e-bikes are available on most DuVine tours. Electric assist provides an extra boost to your own pedal power, so you can ride longer distances, tackle tougher climbs, and maintain a faster pace. Electric assist is available on a first-come, first-served basis. Contact your Tour Coordinator if you are interested.

### Electrical Overseas

If you're traveling abroad, you will most likely need an [adapter](#), which allows your device's plug to fit into foreign outlets. North American devices run on 110/125V electricity while the majority of the world runs on 220/240V. Converters and transformers change the voltage of electricity to match your device.

### Training

First and foremost, get out on your bike and start logging some miles. Nothing compares to the real thing, but if you can't cycle outside, consider spin classes. Experience with the elements of wind, actual hills, terrain, etc will help with your comfort level (balance, unexpected conditions, etc.) on tour. Always remember, training is a gradual process—don't try to overdo it or push yourself when you aren't ready. However, the most important part of training is to enjoy your ride! [Download a training guide](#) based on your Tour Level.

### Travel Sustainably

We believe bike travel should leave little behind. DuVine takes small measures to be greener—like eliminating single-use plastic water bottles, replacing paper maps with GPS, returning your pedals in cloth bags, and offering snacks in reusable containers rather than disposable plastic.



# YOUR PACKING LIST

## On The Bike

Cycling jerseys or athletic shirts  
Cycling shorts  
Cycling shoes (if you bring your own pedals)  
Sneakers (if you don't bring your own pedals)  
Athletic socks  
Arm/leg warmers  
Lightweight, waterproof, wind-resistant jacket or vest  
Bike gloves  
Bike saddle/cover (if you prefer your own)

## Off The Bike

Walking shoes  
Hiking shoes (if required)  
Long + short-sleeved shirts  
Sweater/jacket for evenings  
Dinner attire (dressy casual) + dress shoes  
Swimsuit

## Travel Items\*

Travel confirmations + tickets for air, rail, etc.  
Passport, including photocopy  
Local currency  
DuVine Tour Itinerary (with meeting + departing info)  
Health insurance information  
Medications  
Cycling gear (+ pedals) if riding on Day 1

\*We recommend keeping these items in your carry-on

## Additional Items

Cell phone + charger  
Photography gear + charger  
Power/plug adapter  
Toiletries  
Sunscreen, sunglasses, + other sun protection gear  
Insect repellent

## What We Provide

- Bike saddle
- GPS (where available)
- Flat or caged pedals
- DuVine t-shirt and jersey
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag

## Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact [tourcoordinators@duvine.com](mailto:tourcoordinators@duvine.com). Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

## Do I need to bring special gear?

- Cycling shorts are designed to provide extra padding when spending the whole day in the saddle. Don't forget the chamois cream!
- If you bring your own cycling shoes, you must bring your own pedals. If you've never used clip-in pedals before, we don't recommend using them on tour.
- Arm and leg warmers are essential for cooler weather. Wear them with your short-sleeve jersey and shorts for lightweight, easy-to-pack, and effective warmth.
- Bike gloves are a preference, but are recommended for Level 3 and 4 tours. The padding in gloves can ease arm, shoulder, and joint fatigue.

## Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

## Before You Go

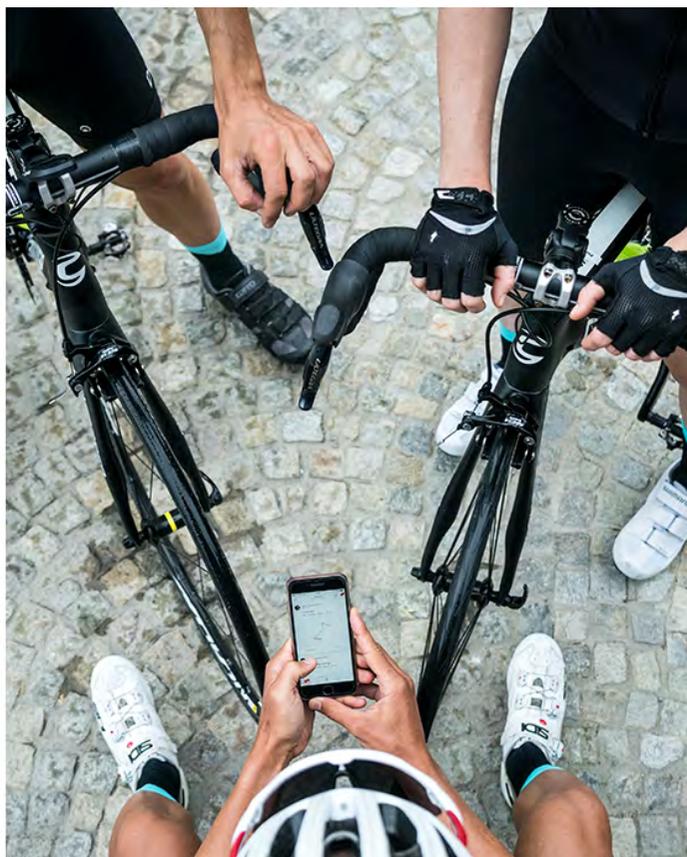
- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

## BIKE SAFETY

We strongly suggest that you read these simple safety instructions. They will help you bike safely before and during your tour!

- Wear a helmet—this is mandatory on tour!
- Familiarize yourself with traffic laws and obey them. Bikes do not have the right of way, but most drivers are respectful to cyclists on the road. Always ride in the direction of traffic.
- Be aware of your surroundings at all times. Knowing what is in front of and behind you may help prevent an accident.
- Alert other riders around you by announcing the presence of traffic (“car up”) or pot holes (“pot hole”).
- Learn the hand signals to indicate when you are stopping or turning.
- Operate your bike consistently and predictably—avoiding erratic movements.
- Keep at least one hand on the handlebars at all times.
- Primarily use your rear brake.
- Always be aware of weather and road conditions and how they may affect your ability to brake.
- Never wear headphones or use speakers during rides.
- Always listen to additional instructions from your guides on tour.

If you have chosen an e-bike, be aware that it is slightly heavier, faster, and more powerful than a non-electric bike. Therefore, you should anticipate a different reaction when riding downhill, breaking, or dismounting from an e-bike. Your guides can offer further instruction during your bike fitting and safety review.



# YOUR TOUR QUOTE

## Private Tour Details

### Price

Price below is in USD, per person, based on **double** occupancy, and is valid until **XX/XX/XX** (30 days from day proposal was sent):

Group Size	Tour Price
XX-XX travelers	\$0,000
XX-XX travelers	\$0,000
XX-XX travelers*	\$0,000

Single supplement of **\$XXX** per person will be applied if a single room is requested. \*Should group size fall below this number, itinerary and pricing are subject to review.

**Included** [Ensure all inclusions are indeed accurate. Items in black are standard, but still may always not apply]

- Accommodations:
  - Thoughtfully selected accommodations that reveal the true character of the region
  - Luggage transfers
- Meals:
  - Daily breakfasts, all lunches, nutritious snacks, and après velo cocktails
  - **X** gourmet dinners at our favorite local restaurants and renowned culinary establishments
  - Carefully selected local wine with every meal
- Activities:
  - Wine tastings and activities as outlined in the tour itinerary
  - Entrance fees to historic sites, museums, parks, and all other exclusive events
  - Gratuities for baggage, porters, and hotel service
- Gear:
  - Top-of-the-line bicycle selection and bike helmet
  - Complimentary DuVine gear, including a custom cycling jersey, DuVine t-shirt, water bottle, and drawstring bag
  - GPS in most destinations
- Support:
  - Expert bilingual guides with extensive local knowledge
  - Support vehicle that follows the day's route, distributes refreshments, and offers lifts
  - Pick-up and drop-off before and after your tour from predetermined meeting points
  - Daily bike maintenance for optimal performance

### Begins + Ends

Start location / End location [as specific as possible]

### Difficulty Level

[Level]

### Date

[Start date] day of the week, month day, year - [Start date] day of the week, month day, year

### Terms & Conditions

- Hotel selection based upon availability at time of confirmation
- USD \$1,000 per person non-refundable deposit required
- Full Payment is due 90 days prior to start date
- Price will increase if group size drops below XX guests
- Cancellation Penalties as follows:

Days Prior to Trip	Fee Per Person
61+	\$1,000
31-60	50% of trip price
0-30	100% of trip price

- All bookings are subject to the **Terms + Conditions**

### Not Included

- Airfare
- Dinner on **X** free night(s)
- Gratuities for DuVine guides
- Travel Protection

